## LOCH FYNE

## ACTIVITY SUPERSTORE 2 COURSES 49.00 FOR 2

Including 250ml Loch Fyne Frappato or Loch Fyne Grillo

**STARTERS** 

SEA SALT & PEPPER SQUID sesame seeds, tomato & chilli jam

PAN-FRIED CHILLI & GARLIC KING PRAWNS lemon, olive oil, rye sourdough bread

LOCH FYNE FISH SOUP\* brandade, shaved Gruyère cheese, chargrilled rye sourdough bread

WARM CURED MACKEREL chorizo & potato salad, burnt apple purée

LOCH FYNE® \$MOKED HADDOCK FISHCAKES creamed mustard leeks, lemon oil

LOCH FYNE® GOLDEN SHELL HEBRIDEAN MUSSELS\* white wine, cream, garlic & parsley, crusty sourdough bread

CHICKEN & MANGO SALAD mixed seeds, avocado, cucumber, red onion, chilli & coriander oil

DUCK FILO PARCEL spiced couscous, pomegranate, molasses

ASPARAGUS AND POACHED EGG (V) watercress, lentil & brown butter vinaigrette

ARTICHOKE RISOTTO\* (V) rosemary, lemon

SAMPHIRE & SWEET POTATO PAKORA (VG) date chutney

**SUPERFOOD SALAD (VG)** Tenderstem® broccoli, asparagus, pink grapefruit, avocado, pomegranate, soya beans, mixed seeds, rice

MAINS

KING PRAWN LINGUINE\* cherry tomatoes, samphire, tomato & chilli sauce

LOCH FYNE BATTERED LOIN OF COD AND TWICE-COOKED CHIPS tartare sauce, mushy peas

THAI GREEN CURRY king prawns, hake, wilted spinach, toasted coconut, basmati rice

LOCH FYNE® BRADAN ROST TORTELLONI samphire, lemon oil

**FISH PIE** Loch Fyne® smoked haddock, Loch Fyne® bradan rost, crab, king prawns, egg, herb crumb, Tenderstem® broccoli, sugar snap peas

LOCH FYNE® POACHED SCOTTISH SMOKED HADDOCK mashed potatoes, wholegrain mustard cream, garden peas, wilted spinach

LOCH FYNE® GOLDEN SHELL HEBRIDEAN MUSSELS\* white wine, cream, garlic & parsley, crusty sourdough bread, French fries

SEAFOOD RISOTTO\* golden shell Hebridean mussels, king prawns, squid, samphire, sun-dried tomato

PAN-FRIED MEAGRE FILLET okra, Bombay potatoes, raita, pomegranate

WHOLE GRILLED LOBSTER (£15 SUPPLEMENT) French fries, with your choice of garlic butter, chilli & lime butter or 'Nduja butter

HAKE FILLET, MEAGRE FILLET, WHOLE SEA BASS OR WHOLE PLAICE pan-fried, grilled or steamed, and served with a butter or sauce and two sides of your choice - ask server for more details

DONALD RUSSELL CHARGRILLED 80Z BEEF BURGER crispy pancetta, Gruyère cheese, tomato, burger sauce, brioche bun, French fries

ROASTED CHICKEN THIGHS\* lemon, garlic, rosemary, white wine, olives

SPINACH GNOCCHI (V) samphire, Tenderstem® broccoli, sun-dried tomatoes, chimichurri

ARTICHOKE RISOTTO\* (V) rosemary, lemon

ROASTED SPICY CAULIFLOWER & BUTTERNUT SQUASH THAI GREEN CURRY (VG)

wilted spinach, toasted coconut, basmati rice

**SUPERFOOD SALAD (VG)** Tenderstem® broccoli, asparagus, pink grapegruit, avocado, pomegranate, soya beans, mixed seeds, rice

**DESSERTS** 

TRADITIONAL CRÈME BRÛLÉE (V) homemade honey oat cookies

STICKY BANANA PUDDING (V) (N) chocolate ice cream, salted caramel sauce

CHOCOLATE TRUFFLE CAKE (V) orange confit, mascarpone

POPCORN SUNDAE (V) popcorn ice cream, popcorn, salted caramel sauce

BLUEBERRY RIPPLE CHEESECAKE (V) crumbly biscuit base

COCONUT RICE PUDDING (Vg) kiwi & ginger jam

VANILLA PANNA COTTA rhubarb compote, ginger crumble

ICE CREAMS & SORBETS (V) ask us for today's selection and allergen information

Full allergen information on the ingredients in the food we serve is available upon request – please speak to a member of the team. Dishes may vary from those shown due to seasonal availability of ingredients.

(V) suitable for vegetarians. (Vg) suitable for vegan. (\*) contains alcohol. (N) contains nuts. Fish, poultry and shellfish dishes may contain bones and/or shell. Please be aware that all our dishes are prepared in kitchens where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens, due to the risk of cross contamination. Consuming raw or lightly cooked shellfish may increase your risk of food-borne illness. Our menu descriptions do not list all ingredients. Please ask your server before ordering if you are concerned about the presence of allergens in your food, alternatively full allergen information can be found at www.lochfyneseafoodandgrill.co.uk. Set menus are subject to availability and may be withdrawn on special event days and during December. Set menus are only available with specified offers and discounts. All service charges, cash and credit/debit card tips are paid in full to our team members.